| Meal Item | Peanuts | Eggs | Dairy | Fish | Shell Fish | Soy | Nut | Sesame | Gluten | Vegetarian |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Berry Oat Bar |  |  |  |  |  |  |  |  | X | $\checkmark$ |
| Brownies |  | X |  |  |  |  |  |  | X | $\checkmark$ |
| Butter Chicken with Steamed Rice |  |  |  |  |  |  |  |  |  |  |
| Caeasar Wrap |  | X | X | X |  | x |  |  | X |  |
| Caesar Salad |  | X | X | X |  | X |  |  | X |  |
| Cheese Pizza Regular Dough |  |  | X |  |  |  |  |  | X |  |
| Chicken Dinner With Carrots, Mashed Potatoes and Gravy |  |  | X |  |  | X |  |  |  |  |
| Chicken Fingers |  | X |  |  |  | X |  |  | X |  |
| Chicken Sandwich W/ BBQ Slaw and Wedges |  | X |  |  |  |  |  |  | X |  |
| Cookie Large |  | X | X |  |  | X |  |  | X |  |
| Creamy Chicken Primavera Penne with Garlic Bread |  |  | X |  |  |  |  |  | X |  |
| Fruit Cup |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Garden Salad |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| General Tso Chicken Over Steamed Rice |  |  |  |  |  | X |  |  |  |  |
| Greens Harvest Bowl |  |  |  |  |  | X |  |  |  | $\checkmark$ |
| Hummus Wrap |  |  |  |  |  |  |  | X | X | $\checkmark$ |
| Lasagna With Garlic Bread |  |  | X |  |  |  |  |  | X | $\checkmark$ |
| Mac and Cheese Monday |  |  | X |  |  |  |  |  | X |  |
| Meat Loaf with Carrots and Mashed Potatoes |  | X |  | X |  | X |  |  | X |  |
| Muffin |  | X | X |  |  |  |  |  | X | $\checkmark$ |
| Pasta Salad |  | X |  |  |  | X |  |  | X | $\checkmark$ |
| Penne Pasta With Meat Sauce |  |  |  |  |  |  |  |  | X |  |
| Pepperoni Pizza Regular Dough |  |  | X |  |  |  |  |  | X |  |
| Potato Salad |  | X |  |  |  |  |  |  |  | $\checkmark$ |
| Potato Wedges |  |  |  |  |  | x |  |  | X | $\checkmark$ |
| Pulled Pork Sandwich With Wedges |  | X |  |  |  | X |  |  | X |  |
| Rice Harvest Bowl |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Roast Pork Dinner With Potatoes, Carrots and Gravy |  |  |  |  |  | X |  |  |  |  |
| Roasted Red Pepper Chicken Pasta |  |  | X |  |  |  |  |  | X |  |
| Smoothie Blueberry |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Smoothie Strawberry |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Taco Pasta Bake with Cheesy Tortilla |  |  | X |  |  |  |  |  | X |  |
| Tariyaki Stir Fry w/ Steamed Rice Chicken and Tofu |  |  |  |  |  | X |  | X |  |  |
| Thai Red Curry Chicken With Rice |  |  |  |  |  | X |  |  |  |  |
| Y Yogurt Cup |  |  | X |  |  |  |  |  |  | $\checkmark$ |
| All items are produced in a facility which uses these common allergens so no guarantee can be made of items being free of allergens. If you or you child has a severe allergy please keep this in mind. We will make every effort to ensure cross contamination does not occur but can not be guaranteed due to there being common allergens being produced in the facility. |  |  |  |  |  |  |  |  |  |  |
| Legend |  |  |  |  |  |  |  |  |  |  |
| Contains known allegen as an ingredient | X |  |  |  |  |  |  |  |  |  |
| Has no meat or poultry | $\checkmark$ |  |  |  |  |  |  |  |  |  |

